

Your Physical

Dear Natomas Family Practice Patients,

You have made an appointment to see your provider today. The purpose of this appointment is to ensure that your preventive care needs are met and to promote health habits. For a woman, this may entail a pap smear, breast exam, colon cancer screening, routine labs, vaccines and bone density screening. For a man, a physical may entail discussion of prostate cancer screening, colon cancer screening, routine labs and vaccines. For a child or teenage, this may entail evaluation of height and weight, vaccines, and anticipatory health guidance.

While these services are generally covered under preventive care health care maintenance, it is best to check with your insurance to see that labs, vaccines or imaging are covered within your health care plan.

The purpose of the physical exam is NOT to discuss new or existing problems. These issues should be discussed in detail at a different visit or you will be billed your co-pay. Insurance, as you may know, have a very specific guidelines to as what they cover and does not cover. For further details, please speak with the medical assistant or provider.

Thank you,

Natomas Family Practice.

Patient Signature

- Date